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- Dan. 3–4; Ps. 81; Rev. 17
- Ezek. 33–35, Rev. 18
- Ezek. 36–37; Ps. 110; Rev. 19
- Ezek. 38–39; Ps. 145; Rev. 20
- Ezek. 40–41; Ps. 128; Rev. 21
- Ezek. 42–44; Rev. 22
- Ezek. 45–46; Luke 1
- Ezek. 47–48; Luke 2
- Dan. 5–6; Ps. 130; Luke 3
- Dan. 7–8; Ps. 137; Luke 4
- Dan. 9–10; Ps. 123; Luke 5
- Dan. 11–12; Luke 6
- Ezra 1; Ps. 84–85; Luke 7
- Ezra 2–3; Luke 8
- Ezra 4; Ps. 113, 127; Luke 9
- Hag. 1–2; Ps. 129; Luke 10
- Zech. 1–3; Luke 11
- Zech. 4–6; Luke 12
- Zech. 7–9; Luke 13

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- Zech. 10–12; Ps. 126; Luke 14
- Zech. 13–14; Ps. 147; Luke 15
- Ezra 5–6; Ps. 138; Luke 16
- Est. 1–2; Ps. 150; Luke 17
- Est. 3–8; Luke 18
- Est. 9–10; Luke 19
- Ezra 7–8; Luke 20
- Ezra 9–10; Ps. 131; Luke 21
- Neh. 1–2; Ps. 133; Luke 22
- Neh. 3–4; Luke 23
- Neh. 5–6; Ps. 146; Luke 24
- Neh. 7–8; Acts 1
- Neh. 9–10; Acts 2
- Neh. 11–12; Ps. 1; Acts 3
- Neh. 13; Mal. 1–2; Acts 4
- Mal. 3–4; Ps. 148; Acts 5
- Job 1–2; Acts 6–7
- Job 3–4; Acts 8–9
- Job 5; Ps. 108; Acts 10–11
- Job 6–8; Acts 12
- Job 9–10; Acts 13–14
- Job 11–12; Acts 15–16
- Job 13–14; Acts 17–18
- Job 15; Acts 19–20
- Job 16; Acts 21–23
- Job 17; Acts 24–26
- Job 18; Ps. 114; Acts 27–28
- Job 19; Mark 1–2
- Job 20; Mark 3–4
- Job 21; Mark 5–6
- Job 22; Mark 7–8

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- Ps. 121; Mark 9–10
- Job 23–24; Mark 11–12
- Job 25; Mark 13–14
- Job 26–27; Mark 15–16
- Job 28–29; Gal. 1–2
- Job 30; Ps. 120; Gal. 3–4
- Job 31–32; Gal. 5–6
- Job 33; 1 Cor. 1–3
- Job 34; 1 Cor. 4–6
- Job 35–36; 1 Cor. 7–8
- Ps. 122; 1 Cor. 9–11
- Job 37–38; 1 Cor. 12
- Job 39–40; 1 Cor. 13–14
- Ps. 149; 1 Cor. 15–16
- Job 41–42; 2 Cor. 1–2
- 2 Cor. 3–6
- 2 Cor. 7–10
- Ps. 124; 2 Cor. 11–13
- Matt. 1–4
- Matt. 5–7
- Matt. 8–10
- Matt. 11–13
- Matt. 14–16
- Matt. 17–19
- Matt. 20–22
- Matt. 23–25
- Ps. 125; Matt. 26–27
- Matt. 28; 1 Thes. 1–3
- 2 Thes. 1–3; 1 Tim. 4–5
- Rom. 1–4

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- Rom. 5–8
- Rom. 9–12
- Rom. 13–16
- Eph. 1–4
- Ps. 119:1–80; Eph. 5–6
- Phil. 1–4
- Col. 1–4
- 1 Tim. 1–4
- 1 Tim. 5–6; Titus 1–3
- 2 Tim. 1–4
- Philem.; Heb. 1–4
- Heb. 5–8
- Heb. 9–11
- Heb. 12–13; Jude
- Jas. 1–5
- 1 Pet. 1–5
- 2 Pet. 1–3; John 1
- John 2–4
- John 5–6
- John 7–8
- John 9–11
- John 12–14

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- John 15–18
- John 19–21
- 1 Jn. 1–5
- Ps. 117, 119:81–176; 2 Jn.; 3 Jn.
- Rev. 1–4
- Rev. 5–9
- Rev. 10–14
- Rev. 15–18
- Rev. 19–22

S.O.A.P.

Bible Study Method

S. is for Scripture

Take time reading and allow God to speak to you through His Word. You want to get the big idea of what God is saying in the entire text you read. But, the primary focus is then a verse (or verses) which stood out to you.

O. is for Observation/Interpretation

What do you think God is saying in this scripture? And then, what do you think He is saying specifically to you? Ask God (through the Holy Spirit) to teach you and reveal Jesus to you. Paraphrase and write this scripture down in your own words.

A. is for Application

Personalize what you have read by asking yourself how it applies to your life right now. Perhaps it is instruction, encouragement, a promise, or correction in an area of your life. Write how this scripture can apply to you today.

P. is for Prayer

This can be as simple as asking God to help you use this scripture, or it may be a greater insight on what He may be revealing to you. But remember, prayer is a two way conversation, so be sure to listen to what God has to say! Now, write it out.

For more information, visit our website:

www.sugargrovechurch.com/lifejournal

LIFE JOURNAL

Daily Reading Schedule

A

- Gen. 1–2; Luke 1
- Gen. 3–5; Luke 2
- Gen. 6–8; Luke 3
- Gen. 9–11; Luke 4
- Gen. 12–14; Luke 5
- Gen. 15–17; Luke 6
- Gen. 18–19; Ps. 3; Luke 7
- Gen. 20–22; Luke 8
- Gen. 23–24; Luke 9
- Gen. 25–26; Ps. 6; Luke 10
- Gen. 27–28; Ps. 4, Luke 11
- Gen. 29–30; Luke 12
- Gen. 31–33; Luke 13
- Gen. 34–36; Luke 14
- Gen. 37–38; Ps. 7; Luke 15
- Gen. 39–41; Luke 16
- Gen. 42–43; Ps. 5; Luke 17
- Gen. 44–46; Luke 18
- Gen. 47–48; Ps. 10; Luke 19
- Gen. 49–50; Ps. 8; Luke 20
- Exod. 1–2; Ps. 88; Luke 21
- Exod. 3–5; Luke 22
- Exod. 6–8; Luke 23
- Exod. 9–11; Luke 24
- Exod. 12–13; Ps. 21; Acts 1
- Exod. 14–16; Acts 2
- Exod. 17–20; Acts 3
- Exod. 21–22; Ps. 12; Acts 4
- Exod. 23–24; Ps. 14; Acts 5
- Exod. 25–27; Acts 6
- Exod. 28–29; Acts 7

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- Exod. 30–32; Acts 8
- Exod. 33–34; Ps. 16; Acts 9
- Exod. 35–36; Acts 10
- Ex. 37–38; Ps. 19; Acts 11
- Ex. 39–40; Ps. 15; Acts 12
- Lev. 1–3; Acts 13
- Lev. 4–6; Acts 14
- Lev. 7–9; Acts 15
- Lev. 10–12; Acts 16
- Lev. 13–14; Acts 17
- Lev. 15–17; Acts 18
- Lev. 18–19; Ps. 13; Acts 19
- Lev. 20–22; Acts 20
- Lev. 23–24; Ps. 24; Acts 21
- Lev. 25; Ps. 25–26; Acts 22
- Lev. 26–27; Acts 23
- Num. 1–2; Acts 24

B (cont.)

- Num. 3–4; Acts 25
- Num. 5–6; Ps. 22; Acts 26
- Num. 7; Ps. 23; Acts 27
- Num. 8–9; Acts 28
- Num. 10–11; Ps. 27; Mark 1
- Num. 12–13; Ps. 90; Mark 2
- Num. 14–16; Mark 3
- Num. 17–18; Ps. 29; Mark 4
- Num. 19–20; Ps. 28; Mark 5
- Num. 21–23; Mark 6–7
- Num. 24–27; 1 Cor. 13

C

- Num. 28–29; Mark 8
- Num. 30–31; Mark 9
- Num. 32–33; Mark 10
- Num. 34–36; Mark 11
- Deut. 1–2; Mark 12
- Deut. 3–4; Ps. 36; Mark 13
- Deut. 5–6; Ps. 43; Mark 14
- Deut. 7–9; Mark 15
- Deut. 10–12; Mark 16
- Deut. 13–15; Gal. 1
- Deut. 16–18; Ps. 38; Gal. 2
- Deut. 19–21; Gal. 3
- Deut. 22–24; Gal. 4
- Deut. 25–27; Gal. 5
- Deut. 28–29; Gal. 6
- Deut. 30–31; Ps. 40; 1 Cor. 1
- Deut. 32–34; 1 Cor. 2
- Josh. 1–2; Ps. 37; 1 Cor. 3
- Josh. 3–6; 1 Cor. 4
- Josh. 7–8; Ps. 69; 1 Cor. 5
- Josh. 9–11; 1 Cor. 6
- Josh. 12–14; 1 Cor. 7
- Josh. 15–17; 1 Cor. 8
- Josh. 18–20; 1 Cor. 9
- Josh. 21–22; Ps. 47; 1 Cor. 10
- Josh. 23–24; Ps. 44; 1 Cor. 11
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- Judg. 4–5; Ps. 39,41; 1 Cor. 13
- Judg. 6–7; Ps. 52; 1 Cor. 14
- Judg. 8; Ps. 42; 1 Cor. 15
- Judg. 9–10; Ps. 49; 1 Cor. 16

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- Judg. 11–12; Ps. 50; 2 Cor. 1
- Judg. 13–16; 2 Cor. 2
- Judg. 17–18; Ps. 89; 2 Cor. 3
- Judg. 19–21; 2 Cor. 4
- Ruth 1–2; Ps. 53, 61; 2 Cor. 5
- Ruth 3–4; Ps. 64–65; 2 Cor. 6
- 1 Sam. 1–2; Ps. 66; 2 Cor. 7
- 1 Sam. 3–5; Ps. 77; 2 Cor. 8
- 1 Sam. 6–7; Ps. 72; 2 Cor. 9

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- 1 Sam. 8–10; 2 Cor. 10
- 1 Sam. 11–12; 1 Chron. 1; 2 Cor. 11
- 1 Sam. 13; 1 Chron. 2–3; 2 Cor. 12
- 1 Sam. 14; 1 Chron. 4; 2 Cor. 13
- 1 Sam. 15–16; 1 Chron. 5; Matt. 1
- 1 Sam. 17; Ps. 9; Matt. 2
- 1 Sam. 18; 1 Chron. 6; Ps. 11, Matt. 3
- 1 Sam. 19; 1 Chron. 7; Ps. 59, Matt. 4
- 1 Sam. 20–21; Ps. 34, Matt. 5
- 1 Sam. 22; Ps. 17, 35; Matt. 6
- 1 Sam. 23; Ps. 31, 54; Matt. 7
- 1 Sam. 24; 1 Chron. 8; Ps. 57–58; Matt. 8
- 1 Sam. 25–26; Ps. 63; Matt. 9
- 1 Sam. 27; 1 Chron. 9; Ps. 141; Matt. 10
- 1 Sam. 28–29; Ps. 109; Matt. 11
- 1 Sam. 30–31; 1 Chron. 10; Matt. 12
- 2 Sam. 1; Ps. 140; Matt. 13
- 2 Sam. 2; 1 Chron. 11; Ps. 142; Matt. 14
- 2 Sam. 3; 1 Chron. 12; Matt. 15
- 2 Sam. 4–5; Ps. 139; Matt. 16
- 2 Sam. 6; 1 Chron. 13; Ps. 68; Matt. 17

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- 1 Chron. 14–15; Ps. 132; Matt. 18
- Chron. 16; Ps. 106; Matt. 19
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- 2 Sam. 8–9; 1 Chron. 18–19; Matt. 21
- 2 Sam. 10; 1 Chron. 20; Ps. 20; Matt. 22
- 2 Sam. 11–12; Ps. 51; Matt. 23
- 2 Sam. 13–14; Matt. 24
- 2 Sam. 15–16; Ps. 32; Matt. 25
- 2 Sam. 17; Ps. 71; Matt. 26
- 2 Sam. 18; Ps. 56; Matt. 27
- 2 Sam. 19–20; Ps. 55; Matt. 28
- 2 Sam. 21–23; 1 Thes. 1
- 2 Sam. 24; 1 Chron. 21; Ps. 30; 1 Thes. 2
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- Prov. 25–27; Rom. 15
- Prov. 28–29; Ps. 60; Rom. 16
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- 1 Kings 16; 2 Chron. 15–16; Col. 1
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- 1 Kings 20–21; 2 Chron. 17; Col. 3
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- 2 Kings 10; 2 Chron. 22–23; 1 Tim. 5
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- Jonah 1–4; 2 Tim. 2
- 2 Kings 13–14; 2 Chron. 25; 2 Tim. 3
- Amos 1–3; Ps. 80; 2 Tim. 4
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- Isa. 1–3; Titus 3
- Isa. 4–5; Ps. 115–116; Jude
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- 2 Kings 15–16; Hos. 1; Heb. 1
- Hos. 2–5; Heb. 2
- Hos. 6–9; Heb. 3
- Hos. 10–12; Ps. 73; Heb. 4
- Hos. 13–14; Ps. 100,102; Heb. 5
- Mic. 1–4; Heb. 6
- Mic. 5–7; Heb. 7
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- Isa. 11–14; Heb. 9
- Isa. 15–18; Heb. 10
- Isa. 19–21; Heb. 11
- Isa. 22–24; Heb. 12
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- Isa. 29–31; Jas. 1
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- 2 Chron. 29–31; Jas. 4
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- 2 Kings 20; Isa. 38–39; Ps. 75; 1 Pet. 2
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