

How to have an effective break out time

- Have a plan
- Make sure expectations clear (remind each week)
- Bring accountability/follow up
- Make sure it is encouraging and pray for one another

SAMPLE OUTLINE AND IDEAS

Week 1: Stay together as a group (Go over part of a small group)

Week 2: Hand out spiritual growth points (explain), Bring choices following week (1-2 things), Have guys share a prayer request/pray for one another.** Make sure you communicate to them a few days ahead what you are going to do/they come prepared**

Week 3: Have each guy share his spiritual growth points (why he chose/what is his plan), Pray for one another (pray for guy on your right). Send out exact guys plan the next day/let's be praying for one another.

Week 4: Ask an accountability question (have each guy answer), pray for one another, Plan for any follow up needed.

Week 5: Plan to have guys share something from their personal bible study. Pray for one another.

Week 6: Stay together as a group and pray for ministries of the church and any needs in group.

Week 7: Have guys share how they are doing with spiritual growth points. Pray for one another.

Week 8: Ask a question (application) from the study/discussion. Have each guy answer.

Other Ideas:

- Stay together and do communion
- have guys rate their marriage in 4 areas (What is one area they can focus on this week)
 - How have I served my wife
 - How have I loved my wife
 - How have I lead my family
 - How have I dated my wife
- Last week have guys share how they have grown.